# DINING ETIQUETTE BASICS FOR BUSINESS STUDENTS

#### **ARRIVING**

- · Arrive on time
- · Silence phone and put it away
- · Wait to sit until the host indicates the seating arrangement
- · Always rise for introductions
- · Sit up straight, keep arms close to your body, and place hands in your lap when not eating

#### **BEFORE THE MEAL**

- · Discretely unfold your napkin to half and place in your lap before eating or drinking
- · When alcohol is present, know your limitations and never consume if the host abstains
- · Be prepared to order when asked to, do not hold up the table
- · Do no order the most expensive item on the menu
- · Pick something easy to eat and avoid messy food
- · Contribute equally to the conversation
- · Have a few topics in mind to discuss, avoid controversial issues or jokes

#### **DURING THE MEAL**

- · Keep your elbows off of the table
- · Expect to be served from the left
- · Wait to begin eating until everyone is served
- · Start with the utensil farthest from the plate and work your way in
- · Spoon soup away from you
- · Remember to cut your food one bite at a time
- · Bring food to your mouth, not your head to the plate
- · Do not chew with your mouth open, blow on your food, or talk with food in your mouth
- · Season your food, if you must, only after tasting it
- · Pass the salt and pepper together and place them on the table, not in the receiver's hand
- · Eat at the same pace as everyone else
- · If you must get up during the meal, verbally excuse yourself and place your napkin in your chair

#### AFTER THE MEAL

- · Dishes shall be removed from the right
- · Do not push dishes to the side or hand them to the waiter
- · Do not ask for a to-go box
- · Business should not be brought up until after entree plates have been removed

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